



721 Omaha Street · Rapid City, SD 57701
 605-791-LOAF (5623)
www.greatharvestrapidcity.com
 Hours: M-F 7 a.m. to 6 p.m.;
 Sat 7 a.m. to 4 p.m.
 Sandwiches Served until 5:30 p.m. M-F;
 until 4 p.m. Sat

OCTOBER GLUTEN FREE MENU

OCTOBER 8, 2018

SWEETS

BARS—Pumpkin Blondies
 Savannah s

MUFFINS - Blueberry
 Pumpkin Chocolate Chip

COOKIES—Chocolate Chip w/Walnut
 Almond

SCONES— Vanilla Pecan
 BATTER BREAD—Pumpkin Chocolate Chip
 Sweet Potato

BREADS—

baked on Mondays throughout the month

GLUTEN X

WHITE CHEDDAR GARLIC

GLUTEN X DAKOTA

WHITE CINNAMON CHIP

WHITE

CINNI MINIS

Join us for our Gluten Free Bake Day on *Monday, October 8.*

All of our sweets will be baked that day. Our breads are made on Mondays throughout the month, on an as needed basis.

This product is not recommended for customers with the serious autoimmune disorder, celiac disease, as it may contain trace amounts of whole wheat flour. We mill our own wheat on site and can not completely eliminate the risk of cross contamination.

Our sandwiches that day will be served on our regular bread products—THEY WILL NOT BE GLUTEN FREE.

UPCOMING GLUTEN FREE DATES

November 12
 December 10