



721 Omaha Street · Rapid City, SD 57701  
605-791-LOAF (5623)  
www.greatharvestrapidcity.com  
Hours: M-F 7 a.m. to 6 p.m.;  
Sat 8 a.m. to 4 p.m.  
Sandwiches Served until 5:30 p.m. M-F;  
until 4 p.m. Sat

## MAY GLUTEN FREE MENU

### MAY 13, 2019

#### SWEETS

BARS—Blueberry Rhubarb  
Big Kahuna

MUFFINS - Blueberry  
Banana

COOKIES—Chocolate Chip w/Walnut  
Almond

SCONES— Vanilla Pecan

BATTER BREAD—Banana

#### BREADS—

baked on Mondays throughout the month

GLUTEN X

WHITE CHEDDAR GARLIC

GLUTEN X DAKOTA

WHITE CINNAMON CHIP

WHITE

CINNI MINIS

Join us for our Gluten Free Bake Day on *Monday, May 13.*

All of our sweets will be baked that day. Our breads are made on Mondays throughout the month, on an as needed basis.

This product is not recommended for customers with the serious autoimmune disorder, celiac disease, as it may contain trace amounts of whole wheat flour. We mill our own wheat on site and can not completely eliminate the risk of cross contamination.

Our sandwiches that day will be served on our regular bread products—THEY WILL NOT BE GLUTEN FREE.

#### UPCOMING GLUTEN FREE DATES

June 10

July 8

August 12