



721 Omaha Street, Rapid City, SD 57701 * (Ph)605-791-5623 * (Fax) 605-791-1504

www.GreatHarvestRapidCity.com * email: rapidcitysd@greatharvest.com

Monday—Friday 7:00 a.m.—6:00 p.m.; Saturday 7:00 a.m.—4:00 p.m.

SANDWICH & SALAD MENU

served until 5:30 p.m. weekdays, 4:00 p.m. Saturdays

Classic Sandwiches

All Classic Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, white wine Dijon mustard, mayonnaise, salt and pepper on your choice of Honey Whole Wheat, White, Dakota, or Sourdough bread.

Ham & Swiss...\$6.25 full, \$4.50 half

Tender slices of honey smoked ham and Swiss cheese

Roast Beef & Provolone...\$6.95 full, \$4.75 half

Sliced roast beef and aged provolone

Turkey & Swiss...\$6.95 full, \$4.75 half

Lightly smoked turkey breast and Swiss cheese

Cold Signature Sandwiches

All Cold Signature Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper, On your choice of Honey Whole Wheat, White, Dakota, or Sourdough bread.

California Cobb...\$7.95 full, \$5.75 half

Fresh avocado, smoked turkey breast, and crispy bacon, with a bleu cheese spread

Louisville Chicken Salad...\$6.95 full, \$4.75 half

Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with sweet & spicy pecans

Dakota Bleu Roast Beef...\$7.25 full, \$5.00 half

Roast beef with our house made garlic bleu cheese spread

Harvest Veggie...\$6.95 full, \$4.75 half

Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with sun-dried tomato spread

Tuna Salad...\$6.95 full, \$4.75 half

Chunk white albacore tuna with a seasoned mayonnaise

Mom's PB & J...\$3.00

Creamy peanut butter with your choice of strawberry or grape jelly

Hot Signature Sandwiches

All Hot Signature Sandwiches served fresh off the grill to melt in your mouth!

BLT...\$5.95 full, \$3.95 half

Applewood smoked bacon, romaine lettuce, and tomato on sourdough bread with a southwest mayo to give it our own personal touch

Tuscan Chicken Panini...\$8.95

Aged provolone melted over grilled chicken breast, thin sliced red onion, romaine lettuce, tomato, salt and pepper and a sun dried tomato pesto spread on focaccia bread

Club Panini...\$8.25

Our tasty Sun Dried Tomato spread on Italian herb focaccia, topped with turkey, bacon, ham, sliced red onions, and provolone cheese. Finished off with lettuce and tomato

Apple Bacon Grilled Cheese...\$7.25

Thinly sliced Granny Smith apples, bacon, and two cheeses on a garlic focaccia roll spread with locally made raspberry jalapeno jelly.

Grilled Cheese Panini...\$4.95

A twist on the traditional sandwich served on our focaccia with a garlic herb spread and two cheeses, sharp cheddar and Swiss. This sandwich is also available with honey smoked ham or crisp bacon for an additional \$2.00.



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Breakfast Sandwiches

Egg & Cheese\$5.25 full, \$3.75 half

Egg and Cheddar Cheese with our garlic herb spread

Egg & Cheese w/Ham or Bacon\$7.25 full, \$5.00 half

Spinach Florentine.....\$6.25 full, \$4.50 half

Egg, tomato, and baby spinach topped off with garlic herb and basil pesto spreads

Salads

House.....\$4.00

Romaine lettuce with peppers, cucumbers, tomato, and onion. Dressing served on the side.

Chicken Pecan.....\$6.95

A heaping scoop of our chicken salad on a bed of mixed greens, sprinkled with raisins. Dressing available on request.

Tuna.....\$6.95

A heaping scoop of our tuna salad on a bed of mixed greens, sprinkled with almonds. Dressing available on request.

Cobb.....\$7.75

Mixed greens with chicken, bacon, hard boiled egg, cherry tomatoes, avocado, and Bleu cheese. Roasted Garlic Lemon Vinaigrette served on the side.

Greek.....\$6.25

Mixed greens with artichoke hearts, cherry tomatoes, Kalamata olives, cucumbers, red peppers, Feta cheese, and garlic croutons. Red Wine Vinaigrette served on the side.

Mexicali.....\$7.75

Mixed greens, cabbage, turkey, black beans, onion, cherry tomatoes, and avocado, garnished with tortilla chips. Chipotle Yogurt dressing served on the side.

Yardbird.....\$6.75

Mixed greens with chicken, roasted nuts & seeds, roasted chickpeas, raisins, golden raisins, and parmesan cheese.

Grain Bowls

The greatest thing since sliced Bread!

Mixed greens combine with cooked wheat berries and quinoa to provide the base for our grain bowls. Add other tasty ingredients and you've got a meal

Fresh Seasons.....\$5.00

Seasonally available Apples or Strawberries, almonds, sunflower seeds, kale, and cheese (Bleu, Feta, or Parmesan), with a balsamic vinaigrette.

Roasted Carrot Tahini.....\$5.00

Roasted carrots, chickpeas, cucumbers, golden raisins, almonds, and cilantro are mixed together with a Red Wine Vinaigrette and topped off with our Tahini Yogurt.

Sesame Chicken.....\$6.25

Cashews, peanuts, carrots, sesame seeds, cabbage, cilantro, and chicken breast are added to our grain bowl and mixed with a Miso vinaigrette.

EXTRAS

Soup\$3.00 8oz cup (\$2.25with any sandwich)

Chips.....\$1.10

Chips & a Cookie.....\$2.00

Cookie.....\$1.75