



721 Omaha Street · Rapid City, SD 57701
 605-791-LOAF (5623)
www.greatharvestrapidcity.com
 Hours: M-F 7 a.m. to 6 p.m.;
 Sat 7 a.m. to 4 p.m.
 Sandwiches Served until 5:30 p.m. M-F;
 until 4 p.m. Sat

MARCH GLUTEN FREE MENU

MARCH 11, 2019

SWEETS

BARS—Apple Blondies
 Big Kahuna Bars

COOKIES—Chocolate Chip w/Walnut
 Almond

MUFFINS - Blueberry

SCONES— Cranberry Orange

BATTER BREAD—Snickerdoodle

BREADS—

baked on Mondays throughout the month

GLUTEN X

GLUTEN X DAKOTA

WHITE

WHITE CHEDDAR GARLIC

WHITE CINNAMON CHIP

CINNI MINIS

Join us for our Gluten Free Bake Day on *Monday, March 11.*

All of our sweets will be baked that day. Our breads are made on Mondays throughout the month, on an as needed basis.

This product is not recommended for customers with the serious autoimmune disorder, celiac disease, as it may contain trace amounts of whole wheat flour. We mill our own wheat on site and can not completely eliminate the risk of cross contamination.

Our sandwiches that day will be served on our regular bread products—THEY WILL NOT BE GLUTEN FREE.

UPCOMING GLUTEN FREE DATES

April 8

May 13

June 10